

Expanded Portfolio Directions for ATSU Post Professional DPT Admissions

The expanded portfolio is a professional representation of your career and skills. This document must be presented in an organized manner and must contain all the information required below. Any incomplete portfolios submitted will be rejected by the admissions committee.

Please refer to the sample portfolio at the end of this document and be certain to follow the heading and numbering below. If you have any further questions regarding the preparation of this portfolio, please send an email to the Program Director, Tammy Roehling at troehling@atsu.edu.

Personal Information

1. Name
2. Address
3. Email Address
4. Phone Number

Education and Credentials

5. List academic degree(s) including:
 - a. Name of academic institution
 - b. Degree and discipline
 - c. Date of graduation
 - d. For consideration of advance standing credit based on previously completed academic coursework:
 - Must be completed within seven years prior to application
 - If petitioning for advanced standing credit for HP808 Statistics or HP809 Quantitative Research, academic coursework must be taken at the graduate level (master's or above). Coursework can be at the bachelor's level if petitioning for other courses.
 - Must be of equivalent in credit weight and content to meet objective of program coursework
 - Applicant must have received a grade of B or better
 - Full course detail is required from either the course syllabi or copy of course catalog with description.

Note: Advance-standing credit will not be considered for any coursework completed beyond seven years unless significant continuing and ongoing experience, relative to the area is substantiated.

6. List any clinical credentials and include photocopies of certificates. Clinical credentials may include ABPTS Specialist Certification, APTA Credentialed Clinical Instructor, Manual Therapist, Neurodevelopmental Therapist (NDT), Certified Wound Specialist (CWS), Certified Hand Therapist (CHT), Certified Strength and Conditioning Specialist (CSCS).
7. List all continuing education (CEU) in the last seven years. Include:
 - a. Course title
 - b. Date(s) of course
 - c. Course instructor/faculty

- d. Brief course description
 - e. Contact/credit hours awarded
 - f. Certificate of completion must be attached
8. Include verification of state license with expiration date.

Experience

9. List place(s) of employment over the past seven years. Include:
- a. Place of employment with city and state
 - b. Type of employment setting (e.g., skilled nursing facility, outpatient clinic, academic institution, etc)
 - c. Position/Title
 - d. Dates of employment
 - e. Hours worked per week
 - f. Number of patients managed per week
 - g. Description of duties and responsibilities. If you are a clinical instructor, include number of students you manage per year.
 - h. Description of patient population across life span (pediatrics – geriatrics)
 - i. Description of common diagnoses often treated in clinical setting
10. What is your experience, if any, in the following areas? Please describe in detail:
- a. Sensitivity to individual and cultural differences
 - b. Wellness, prevention, health promotion
 - c. Business management/administration
 - d. Research
 - e. Cardiopulmonary
 - f. Wound care
 - g. Motor learning and motor control principles
 - h. Vestibular disorders
 - i. Gender issues (including treating obstetric clients, pelvic floor dysfunction, breast cancer, prostate cancer, female athlete triad, lymphedema, osteoporosis, etc.)
 - j. Manual mobilization to the spine
 - k. Manual mobilization to the extremities

Affiliations

11. Are you an APTA member or a member of another professional physical therapy association? List any professional memberships, offices and committees served. Include:
- a. Name of organization
 - b. Dates of membership
 - c. Office/committee participation
12. Describe involvement in other professional groups in the community.

Publications, Presentations and Awards

13. List any publications. For each, include:
- a. Full citation (authors, title, journal, year)
 - b. Photocopy of published work
14. List any professional presentations given in the last seven years. For each include:
- a. Topic presented
 - b. Sponsor/organization

- c. Date of presentation
- 15. List any awards or honors received in the field of physical therapy.

Additional Information

- 16. Write a 1-2 page essay describing the reasons you are applying to the Post Professional DPT program at ATSU.

SAMPLE PORTFOLIO

Personal Information

- 1. Jane Doe
- 2. 1111 W. Main Street Anytown, AZ 11111
- 3. JaneDoe@hotmail.com
- 4. 555-555-5555

Education and Credentials

- 5. Sample College, BS in Kinesiology, 1990
Sample College 2, Masters in Physical Therapy, 1995
- 6. I am an APTA Credentialed Clinical Instructor. Copy of certificate is attached.
- 7. Physical Therapy Treatment for the Pregnant Client
May 19, 2018
John Doe, PT
This course covered the anatomy and physiology of the childbearing year, and the function of each stage of pregnancy, labor and delivery, and postpartum. Common musculoskeletal complications seen during pregnancy were also covered. After taking this course, I began working on the hospital's labor and delivery unit as well as taught pregnancy classes.
14 credit hours
See attached certificate of completion

Evidence-Based Treatment for Osteoporosis
XYZ Continuing Education
March 15, 2005
Tucson, AZ
John Doe, PT
7 credit hours

This course discussed the role of hormones in the development of osteoporosis as well as exercise prescription. After taking this course, I have frequently identified individuals who are at risk for osteoporosis and have developed individualized exercise programs for them.

- 8. Arizona license #0000, Expires 08/2019 (copy of license attached)

Experience

9. XYZ Hospital (Mesa, AZ)

Acute care hospital (50%)/ Hospital-based outpatient department (50%)

Senior Physical Therapist

January 1, 2015 – Present

40 hours per week

Treat between 45-60 patients per week

My duties and responsibilities include being the lead physical therapist for women's health issues and develop programs to treat women in our community. I have developed an outpatient-based program for osteoporosis and an inpatient obstetrics program that educates ante-partum and post-partum women in physical therapy issues. I am currently starting a program for post-mastectomy patients in our outpatient department. I am also a clinical instructor and I work with 2-3 PT students from XYZ University per year since 2015.

I primarily treat women from the childbearing years through post-menopausal.

Common diagnoses treated include obstetrics, cancer, osteoporosis, and the pelvic floor. When I work weekends (1 weekend per month), I treat all patients in our hospital receiving physical therapy services which include joint replacements, CVA, cardiac rehab, etc.

ABC Long Term Care Facility (Phoenix, AZ)

Skilled nursing facility

Staff Physical Therapist

2000-2015

40 hours per week

Treated 45 patients per week

My duties and responsibilities included treating patients on our skilled nursing unit, including providing all wound care treatments.

I primarily treated the geriatric population.

Common diagnoses seen include CVA, CABG, THA, TKA, and wounds.

10. Sensitivity to individual and cultural differences

- I have worked in a hospital with a diverse demographic population since 2000. I currently work with a variety of cultures, including the American Indian population and immigrants from Mexico and South America.

Wellness, prevention, health promotion

- Every month I teach a community class focusing on healthy pregnancy for women and their partners who are either pregnant or trying to get pregnant. I also teach a course once a month open to the community for women who are 1-4 months postpartum.

Business management/administration

- I act as the temporary rehab director when my director is on vacation. I have filled this role for the past 3 years.

Research

- I have no experience in this area except for completing a non-published project in PT school.

Cardiopulmonary

- I work on the cardiac rehab unit when I work weekends. I treat approximately four cardiopulmonary patients per month for the past seven years.

Wound care

- I frequently treated wounds from 2011-2013. I have only treated 3-5 patients with wounds since that time.

Motor learning and motor control principles

- I frequently apply these principles when I work with neurological patients on the weekend. I frequently applied motor control principles when I worked at ABC Skilled Nursing Facility from 2000-2015.

Vestibular disorders

- I do not have any experience in this area.

Gender issues

- I have vast experience working with women in the areas of obstetrics, osteoporosis, pelvic floor dysfunction, and s/p breast cancer. I have worked primarily in this area for the past three years.

Manual mobilization to the spine

- I use manual mobilization to the spine approximately 1 patient per month in the outpatient setting.

Manual mobilization to the extremities

- I have not used manual mobilization to the extremities in several years.

Affiliations

11. I have been a member of the APTA since 2001. Copy of membership card is attached.
12. I am not a member of any other professional organizations besides the APTA and I have not participated in any committees or served as an officer within the APTA.
 - I have been a member of Toastmasters International since 2016. Toastmasters International develops public speaking skills and leadership skills.

Publications, Presentations and Awards

13. I have not been published.
14. Physical Therapy and Obstetrics, XYZ Hospital OB/GYN Staff, February 14, 2016
Osteoporosis, State Physical Therapy Association at Fall Conference, October 20, 2017
15. No awards or honors have been received at this time.

Additional Information

16. Please see attached essay.