

VOL. IX

NUMBER 4

The Bulletin
of



Atlas & Axis Clubs



DEVOTED
TO THE



SCIENCE OF OSTEOPATHY

DECEMBER, 1907

CONTENTS—DECEMBER, 1907.

ACUTE PRACTICE	J. E. Matson, D. O.
THE OLD DOCTOR	Julia M. Sarratt, D. O.
HEW TO THE LINE.....	A. W. Young, D. O.
CANNOT BE BURIED.....	J. P. McCormick, D. O.
CHIROPRACTIC	
THE ATLAS CLUB	
THE AXIS CLUB	
EDITORIALS:	
HOSPITAL DAY; A. T. STILL VISITS TOPEKA; THE YEAR BOOK; ATHLETICS;	
ATLAS NOTES; ATLAS FIELD NOTES.	
CHANGES OF ADDRESS.	
AXIS NOTES; AXIS FIELD NOTES.	

OFFICERS OF THE ATLAS CLUB.

Noble Skull	R. P. Carlton
Occipital	C. J. Hatch
Sacrum	Edward C. Murphy
Stylus	P. W. Gibson
Receptaculum	D. F. Miller
Pylorus.....	Eldon S. Detwiler
Styloid.....	Frank Austin Kerr
Radius.....	W. Clare Brown
Right Clavicle	Millard J. Grieves
Left Clavicle	Harry T. Miller
Trustees:	Dr. R. E. Hamilton, Dr. F. P. Pratt, Mr. K. W. Shipman
Editor of Bulletin	E. Paul Erwin

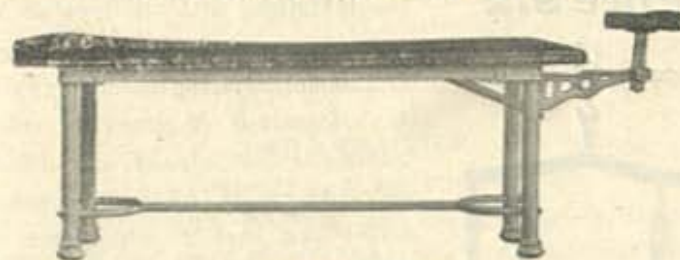
OFFICERS OF THE AXIS CLUB.

President	Mrs. Mayme K. Tuttle
First Vice-President	Mrs. Eleanor R. Daebell
Second Vice-President	Miss Eva I. Mairs
Recording Secretary	Miss Elva J. Lyman
Corresponding Secretary	Miss Mary E. Perrett
Financial Secretary.....	Miss Mary E. Alespach
Treasurer.....	Miss Sarah E. McRoberts
Chaplain	Mrs. Crencense Hencke
Escort	Mrs. Nelle Marcey
Janus	Mrs. Florence Bolles
Historian	Miss Harriet F. Cornell
Librarian.....	Miss Edna Earle
Assistant Librarian	Mrs. L. H. Moet

ADVERTISEMENTS

Root's Common Sense Table

Save Your Backs, D. O's.,



Patent Applied For

while "breaking up" the lumbar spine. You need not lift the legs of that 200-pound patient off the end of the table and swing his feet in mid-air at the cost of your own strength.

The American School of Osteopathy has Adopted Crossen's Gynecology as a Text Book.

Crossen's Gynecology just came off the press in September and two thirds of the edition has already been sold. This is what G. A. Still, professor of Gynecology in the A. S. O. says of this book:

"I have examined Crossen's Gynecology with the view to adopting it as a text book and find it to be an excellent and up-to-date work, and in my opinion the best work on the subject for the practitioner doing general office work without surgery."

I have the sole agency in Kirksville for this book. Prices: in cloth \$6.00, Half Morocco \$7.50

We have all the latest Osteopathic and Medical Books and ship promptly by Prepaid Express.

Clark's Gynecology, second edition.....	5.00
Clark's Applied Anatomy.....	6.25 and 6.75
Hulett's Principles, third edition.....	3.50
Tasker's Principles, second edition.....	5.00
McConnell and Teall's Practice.....	\$5.00 and \$6.00

HENRY T. ROOT, Kirksville, Mo.

ADVERTISEMENTS

Burrus' Gynecological Swing

Price \$12

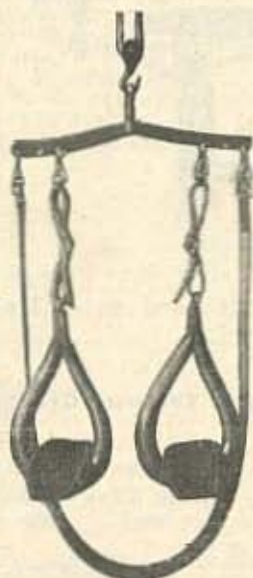


FIG. 1.

FIG. 1 introduces a device with which the Osteopath can administer the most scientific and beneficial manipulations with the greatest ease to operator and the most delicate and unembarrassing manner to patient. Is constructed of good light colored harness leather, strong and durable; all steel parts nickled; automatic hoists, and neat in appearance and detail.

FIG. 2 shows position in which patient is placed in being treated Gynecologically which is very comfortable to patient and easy on operator. For descriptive matter in full, address

M. C. BURRUS,
NEW FRANKLIN, MO.



FIG. 2.

Price reduced to \$12

Price reduced to \$12

The Bulletin

OF THE ATLAS AND AXIS CLUBS

VOLUME IX

DECEMBER, 1907.

NUMBER 4

ACUTE PRACTICE.

J. E. MATSON, D. O., EAU CLAIRE, WIS.

SET your mark high, aim high and do not become discouraged if you miss your mark at first, but strive to perfect your marksmanship until you hit the bull's eye of success, in the treatment of ACUTE DISEASE.

As the first essential for good marksmanship is practice, get out and hustle up acute clinic cases, every thing and anything you can find.

Put on the Old Doctor's plaster and go after smallpox, diphtheria, typhoid and especially all children's diseases, both epidemic, contagious and infectious. But especially equip yourselves in the handling of children's diseases.

There is nothing that will help you to get so quickly and firmly established in a community as the successful handling of an acute case (of diphtheria for instance), because there you demonstrate the efficacy of osteopathy to cope with disease in its most malignant form and in so doing, set the ignorant, but well meaning, public tongue to wagging about you and your methods, which is just so much free advertising.

There is another factor necessary for your success in this line of practice, you must not only get practice (in diagnosis and treatment), but you must have a good supply of ammunition, in the form of courage, self-reliance, and stick-to-it-iveness.

The success of osteopathy in the community, in which you locate, depends upon YOU and your ability to present it to the public and to demonstrate, by RESULTS, its ability to cure disease.

Never promise much, the least said boastfully, the soonest mended. Tell your patients you will take the case, providing they will give you full charge and trust to your judgment as to the handling of the same.

Tell them it is your candid opinion, if it is, that you can carry the case through nicely, or that it is a bad case, but that you will do your best; then take off your coat and go to work. You can relieve conges-

tion, allay inflammation, and reduce fevers. These are the three essentials in the treatment of any acute disease.

Remove the lesion and you accomplish the above. In lagrippe, pneumonia, tonsillitis, pleurisy and numerous other diseases, the primary cause is found in contracted muscles or some old bony lesion, aggravated by a recent muscular lesion, interfering with nerve or blood supply.

In strictly infectious diseases, there is always some predisposing lesion which must be found and removed or alleviated if possible, at the same time give palliative treatment to relieve symptoms and thus relieve the minds of the relatives.

Give the parents something to do, such as hot or cold applications, counter-irritation where indicated, etc., so as to keep them busy and thus prevent them criticising you too freely.

Instill confidence in the parents or relatives by having an air of confidence (not bombosity or egotism) and by assuring them, if they become frightened at the crisis, that in the event the case does not progress to suit you, you will gladly call in council, but never call council except in extreme cases, for nearly every time you do, you lose your foot-hold in that family.

Master the hygienic treatment and dietetics of the different acute ailments.

And above all, be master of the situation, every time, yourself.

Perfect your marksmanship, carry a good supply of ammunition, have your gun (Osteopathy) well primed, then do not fear to attack the most ferocious monster of disease any where in the jungles of human ignorance and prejudice.

* * *

THE OLD DOCTOR.

(Read before the meeting of the Texas Osteopathic Association, at their banquet, June 8, 1907, W. E. Noonan, Toastmaster).

MR. TOASTMASTER, FELLOW OSTEOPATHS, AND FRIENDS:

IT should be one of the proudest moments of my life to be called upon to respond to a toast—"The Old Doctor"—yet, under the circumstances, it is one of the most dreaded moments; simply because, upon such an occasion as this, a limited vocabulary is a very bad thing to possess.

"The Old Doctor: A name to the osteopaths that is an inspiration within itself.

In fact words fail to express the thrill of admiration, reverence and gratitude we feel creeping over us, at the very mention of his name.

With his keenness of perception and the result of his scientific researches, he has founded one of the greatest sciences the world has ever known.

History shows that the usual reward granted to the discoverer of great scientific truths, is shame—neglect—and death.

Few—very few of the great men have received recognition in their life-time—yet our beloved leader—Dr. A. T. Still, is one of these few.

From Maine to Texas—from the Atlantic to the Pacific, all over these United States and some foreign lands, are to be found men and women who lift up their voices in gratitude and praises, for this wonderful man.

I feel sure each one of you can relate instances of cures effected, that to your patients and their friends, were nothing short of miracles.

And I but voice their sentiments, when I quote the words of one of my patients:

"Dr. Still is one of the greatest benefactors of the human race. He has brought health and happiness, where sickness and despair held sway. He, through you, has made life to me a joy and blessing."

"The Old Doctor"—we are all the better for knowing him; of associating with him, and trying to follow his teachings and example.

Now, I leave the thought of him with you; as the pleasant memory of some sweet dream.

DR. JULIA MAY SARRATT.

* * *

HEW TO THE LINE.

ALFRED WHEELOCK YOUNG, D. O., CHICAGO, ILL.

AFTER six years practice in the osteopathic profession the thought which presents itself most forcibly in retrospection and seems most indelibly impressed upon my mind as being the most important factor in our work to-day, is growth, development and study along absolutely osteopathic lines.

Osteopathy is embryonic to-day but its future holds vast possibilities if the present student and practitioner will but devote the best they possess in an endeavor to master it.

What we want is to master anatomy, pathology and diagnosis with a big accent on the latter not a mere smattering of them. This means work and study incessantly and this is the problem that confronts us. Shall we do it going on in the development of the greatest healing art of the times, or merely relegate to mechanical automatons?

It is hard work to practice specific osteopathy in every sense of the word. It is no trifling matter to find every lesion, every obstruction,

every abnormality and remove it in the best and wisest way. It is much easier to treat the spine and tell them to come in Friday. An osteopathic brain should be an active member surely busy every hour whether at the table or the desk and bookcase. Know the human body and the means to correct it. This means a life time of incessant work, but think of the possibilities of doing something worth while in the world with such possessions.

The Post Graduate College is a stepping stone, doing work and furnishing facilities which will be absolutely invaluable and place us on a par with any profession or school. This we must have for our own satisfaction and advantage as well as to demonstrate to the world that we are masters and proficient not superficial and theoretical.

I have always believed a physician should be the best educated man in the world absolutely, for to him are given the greatest problems on this globe to decide and solve. But that has not meant to me four years in a college where one-half or two thirds of the time is spent on theory or therapy discarded by the best men in that self same profession.

Let us hew to the line Dr. Still has blazed and add something to man's usefulness and progression.

* * *

CANNOT BE BURIED.

One of the most peculiar and also saddest cases that has ever come to the attention of the New Castle health officials was reported Saturday morning, when the death of a little child of Mr. and Mrs. Costle was announced. The child died Friday night, suffering from pneumonia and was attended by an osteopath and therefore cannot be buried! Under the laws of the state it is made necessary to dispose of the body other than burying it, according to Health Officer Horner. Mr. Horner stated that the child had been suffering from pneumonia for several days. The parents were ignorant of the disease and consulted an osteopath. Instead of giving the child relief by the injections of medicines, he rubbed it. The little one's lungs filled rapidly and in a short time she passed away. When the death certificate was received by the health officer he discovered that it was signed by the osteopath. Osteopaths are not recognized as surgeons or physicians by the laws of the state and as a result the death certificate is illegal and the child cannot be buried.—Western Press.

* * *

This is as fine a piece of hot-air architecture as one will see in a lifetime. Hot-air is slang but good words should not be wasted on such a statement. The state does recognize osteopaths, simply withholds the

title of doctor of medicine which osteopaths do not seem to crave as they do not use drugs. The state does not prohibit them practicing or throw anything in their way, the state does not concern itself with such matters and if it did a law of such a nature would not be respected by anybody. Even Christian Scientists may treat patients in this state and if they die be buried, and if one dies without any physician one is liable to be buried, especially if the complaint be smallpox or spotted fever.

As most everybody, at some time or other, dies, the disposition of bodies that the state will not allow buried is of vital interest and the news of the solution of the New Castle problem is awaited with bated breath.

* * *

NEW CASTLE, PA., Dec. 9, 1907.

DEAR SIR:—

I am sending you a clipping of a case that was here in New Castle. One of the Mercer Co. papers (Western Press) took it from a New Castle paper. The editor of another paper in Mercer Co. took it up, and gave this answer about hot-air. I will first give you the facts in the case. This patient was treated by Dr. E. D. Rogers, of New Castle, Pa., and is an '03 graduate. The parents of this child brought it to Dr. Rogers. He examined it and told them that it had pneumonia and to take the child home and not bring it out again. But the next morning, they came with the child again and the doctor sent them home again. It was treated three times in three days. The day it died, the doctor was out of town and Mrs. R. told them to get some one else but they wanted Dr. R. and so it died before he returned. I will tell you the good part about this case: I can speak for myself and Dr. R. Since this occurred we have had a great many patients come to us for treatment that we would not have gotten. They would say "I did not know you osteopaths treated pneumonia." So you see EVERY KICK IS A BOOST. As to treating acute cases, I treat everything I can get, and will keep it up unless somebody in the shape of an M. D. hangs me to a tree. As to osteopathy in the field, I want to say, we are making osteopathic friends every day and in a few months we expect to get a good law in Pennsylvania.

Fraternally,

J. P. McCORMICK, D. O.

* * *

CHIROPRACTIC.

I. A. AVERILL, M. D. in September Health.

In June of 1907, a criticism appeared in Health from the pen of Dr. Virgil P. English, of Cleveland, Ohio, in regard to a controversy between Chiropractics and the Osteopaths, as to who was entitled to the honor of

precedence and excellence. Considering the scholastic attainments of the Osteopathic graduates, there can be no question as to the palm going to the Osteopaths. The course of study in the Osteopathic school, comprises a course in manipulation, anatomy, physiology, chemistry, symptomatology, microscopy, biology and dissection.

All of these are ignored by D. D. Palmer, who claims to be the original hiroptractor, the founder and only expositor of the theory.

As Dr. English says: "They exhaust their resources in replacing the vertebrae, leaving nature to effect a cure." It matters little how, or in what way, nature may be hampered in her efforts otherwise. They ascribe the cause of the disease to the luxation, but seldom, if ever, inquire into the cause of the luxation.

No one ever discovered a luxation of the vertebrae, not caused by accident, that did not find a severe, and often stubborn contraction of the muscles associated with it and drawing the vertebrae out of alignment.

In very recent and exceptional cases, the adjustment may relieve the contraction, but in a majority of cases the contraction will continue to draw the vertebrae from its position, even though often adjusted and readjusted.

* * *

ATLAS CLUB.

AS Osteopathy stands a unique science of healing, just so the Atlas Club stands a unique institution, partaking of both the nature of a (typical) college fraternity and a scientific club. Organized Dec. 10, 1898, as the first Osteopathic College fraternity, her promoters proposing that she should be a national organization combining the social feature of a typical college fraternity with intellectual requirements of the Phi Beta Kappa, and the original design is being fully met. Like other college fraternities she was first given for a name a combination of Greek letters Psi Omega, but realizing the unique and far reaching possibilities of the organization her promoters soon realizing the inappropriateness of the name, very wisely discarded it and chose "Atlas Club" instead as a permanent name. To all members and those understanding the objects and workings of the club this name seems most appropriate; for just as the atlas bone supports the head of the living human body, so the Atlas Club is the supporter of the teachings and beliefs of the head and founder of the Osteopathic Science. The organization stands now and has ever stood for more and better osteopathy as taught by A. T. Still, and wherever you find one of her members who are in good standing, you find an osteopath who is always ready to rally to the standard of pure Osteopathy.

Our motto is,—to make good osteopaths out of the worst of us, and better osteopaths out of the best of us; and the Atlas Club, from a fraternal and scientific club which it was in the beginning, has now grown into a professional association whose influence is to extend wherever her members may go, and whose emblem is a guarantee of osteopathy at its best.—The Osteoblast.

* * *

AXIS CLUB.

ON March 29, 1899, in the rooms of Miss Elizabeth B. Ewing, the Odon-toid Chapter of the Axis Club was organized, for the purpose of aiding earnest, conscientious women in becoming better Osteopaths, and obtaining that which would better fit them for meeting and conquering the many difficulties arising in the life of a physician. The social features of the Club also have no small part in the benefits received by its members.

The following are the Charter members of the Axis Club:

Mrs. Agnes D. McConnell	Mrs. Emiline Cully
Mrs. Marion Loudon	Miss Birdie Gayle
Mrs. Frances Beall	Miss Jean Tyndall
Mrs. Emma P. Rochester	Miss Florence Stafford
Mrs. Chloe Carlock	Miss Mayme Foncannon
Mrs. Nellie Whitcomb	Miss Elizabeth B. Ewing
Mrs. Adah Harding	Miss Isabelle Mahaffey

Miss Myrtle Harlan

The National Organization meets once a year at the meeting of the American Osteopathic Association. Following are the list of officers:

President, Dr. A. L. Conger, Akron, Ohio.

First Vice-President, Dr. Eliza M. Culbertson, Appleton, Wis.

Second Vice-President, Dr. Carrie P. Parenteau, Chicago, Ill.

Secretary and Treasurer, Dr. Martha A. Morrison, Greeley, Colo.

In osteopathy woman finds an almost unlimited field of usefulness, doing for her sisters that which cannot be measured by dollars and cents alone, and if she would be true to herself, she must ever strive to broaden her life, developing physically, mentally and morally. This is the one aim of the Axis Club, and with this high purpose ever in mind, the Club has steadily grown until it now numbers nearly four hundred members, many of whom are doing grand work in the field relieving suffering humanity.

The Axis women represent nearly every state in the Union, besides Canada, Mexico, England, Hawaii and Australia.—The Osteoblast.

THE BULLETIN

OF THE ATLAS AND AXIS CLUBS.

E. PAUL ERWIN, Editor.

FRANCES HAMBLET THOMS, Reporter for Axis Club.

Entered as second class matter, Oct. 12, 1903, at the post office at Kirksville, Mo., under act of Congress of March 3, 1879.

Readers of the Bulletin are urged to send the editor prompt notice of their addresses on making their first location, and on making any change in their mailing addresses thereafter. Only by doing so can the reader provide against loss of some of the copies

When the Bulletin has been sent to the earlier address, through neglect to inform the editor of the change, the number may generally be secured by sending a stamp (within 30 days) to the postmaster of the place, with a request to forward it.

Copies lost through change of address without notification can generally be furnished by the editor at ten cents per copy.

KIRKSVILLE, MISSOURI, DECEMBER, 1907.

EDITORIALS.

Hospital Day. Friday, Nov. 29th was hospital day in Kirksville. School work was laid aside and in the morning a grand parade was held. The A. S. O. band was in evidence on this occasion, together with the whole student body. The customary photograph was taken to add to osteopathy's illustrated history. The various groups of nurses, beggars and musicians held up the citizens of the town for donations to the charity ward and raised some \$225 in this manner.

In the evening, the illustrated lecture by Dr. William Smith on the History of Osteopathy, was held at the opera house, the receipts being turned over to the hospital committee. A large and enthusiastic audience greeted the lecturer as he recounted the events and displayed the scenes relating to osteopathy from its infancy to the present time, even to scenes showing the events of the morning. Thanks to the work of the committee and response of the students and citizens, the work of installation has been completed, and the Charity Wards are now ready for operation.

A. T. Still The Old Doctor left Dec. 5th for Topeka, Kansas, to attend a reunion of the members of the legislature of ante-bellum days. This was a prominent affair and a big celebration

was held. But five members are now living, all of whom were called upon for speeches. In introducing Dr. A. T. Still, Governor E. W. Hoch said that he was prominent, not only as a law maker, but as the discoverer of one of the greatest, if not the greatest science, the world has ever known.

The Old Doctor confined his talk to incidents of history and was enthusiastically applauded. He returned, well pleased with his reception and has a good word to speak for the state where he first conceived the fundamentals of osteopathy.

The Year Book. After several months of waiting, Osteoblast, Volume 2 is before us. Being issued by the present senior class and containing as it does, scenes familiar to every A. S. O. student, and faces of those now in school, it will be a valuable souvenir of college days. Perusal of it brings to mind many humorous incidents in the class room, the idiosyncrasies of students and faculty and the crises and exploits of the various classes. The book is bound in blue leather and as a work of art is the equal of any, being in no wise inferior to the annuals issued by some of our largest colleges and universities.

The Atlas and Axis Clubs have a share in the department of secret societies, being represented by full page cuts, roster of the local membership and a short history of each club with their ambitions and purposes. The work fully comes up to our expectations and is dedicated to Dr. Chas. E. Still in appreciation of his noble work; admiration of his genius, and as a mark of the esteem in which he is held by the students of the A. S. O.

Athletics. The athletic department at the A. S. O. has closed a very successful season. The A. S. O. football team has covered itself with glory by its excellent showing during the season. The defeat of the Gem City Business College of Quincy, Ill., and of Lombard College of Galesburg, Ill., being worthy of special mention. The latter game was written up quite extensively in several Illinois papers, giving due credit to the strength of the A. S. O. team, in defeating the collegiate champions of Illinois. Every time the word osteopathy appears in print, it constitutes an advertisement for the science, and these write-ups are all for the good of osteopathy. It is to be hoped that the base ball team will be equally if not more efficacious in bringing the names "Osteopaths" and "A. S. O." before the public.

ATLAS NOTES.

Nine years have passed since the Atlas Club was organized, and as the largest club of its kind it has ever been a united power for the advancement of osteopathy. The whole profession has profited by the good work of this body. The stamina of its membership has ever insured that its purposes are of the noblest, always ready to contribute to anything that strengthens our standing before the world, and equally as willing to exert its influence in abolishing that which weakens it or causes it to revert from the teachings of its illustrious founder. We deem it proper at this time to present a list of those who have served the club in the capacity of Noble Skull, with the dates of their installations:

Henry S. Bunting, Chicago, Ill.	Dec. 10, 1898
Homer Woolery, Bloomington, Ind.	Jan., 1899
W. E. Dwiggin, Bakersfield, Calif.	June, 1899
Fred J. Fassett, Seattle, Wash.	Jan., 1900
Paul M. Peck, San Antonio, Tex.	June, 1900
George T. Monroe, Warsaw, N. Y.	Jan., 1901
E. W. Sackett, Springfield, O.	June, 1901
G. C. Maxwell, Columbia, Miss.	Jan, 1902
M. E. Pearson, deceased.	June, 1902
E. J. Breitzman, Fond du Lac, Wis.	Jan., 1903
Robert H. Graham, Amsterdam, N. Y.	June, 1903
W. S. Thomasson, Terre Haute, Ind.	Jan., 1904
W. C. Stephenson, Johnson City, Tenn.	June, 1904
W. E. Owen, Hoosick Falls, N. Y.	Jan., 1905
Hugh L. Russell, Buffalo, N. Y.	June, 1905
Chas. S. Fisher, Milwaukee, Wis.	Jan., 1906
Charles F. Banker, Kingston, N. Y.	June, 1906
Kirk, W. Shipman, Kirksville, Mo.	Jan., 1907
R. P. Carlton, Kirksville, Mo.	May, 1907

* * *

Our New Members.

George A. Still, M. D., D. O.:

In 1849, a cousin of the poet Longfellow was brought west to die of pulmonary tuberculosis, having been sent from Maine by the local physicians. On arriving near the site of present city of Lawrence, Kansas, in the fertile Kaw valley, the condition of the patient forbade further progress, so a camp was pitched and preparations made for a funeral. Recently this same man who in '49 began living in the open air wrote a letter on his 96th birthday to his great-grand-son, Dr. Geo. Still, con-

gratulating him on having allied himself with a system of therapeutics that uses nature instead of drugs as a curative agent.

This great-grandson was born on the farm near Lawrence, where his great-grandfather Longfellow still lives and inherited from his mother's people, as well as from the Still family, a belief in nature as a cure for disease. Dr. Geo. Still completed the public school course in Maryville, Mo., just at the time when his parents moved to Kirksville to study the science of osteopathy, just then being taught to the very earliest students. Here he entered the High School and graduated. Then he entered the State Normal and took the third year course, when his father moved to Des Moines, Iowa, and George entered Drake University. He graduated from the four year science course with honors, there being the youngest member of the class, as he had been at High School.

At this time three men were selected from the college to be nominated for membership in the A. A. A. S., and he became the youngest member of that association on account of his original work in Sanitary Analysis. After completing college Dr. George intended to study osteopathy immediately, and entered the old S. S. Still school of which his father was president, but the school as well as other osteopathic schools had had so much trouble with the class of cheap and inexperienced surgeons who had become parasitic on the profession, that Dr. S. S. Still decided to have a real osteopathic surgeon in the family and accordingly the study of osteopathy was postponed. Every summer after 1898, Dr. George taught summer classes at the S. C. O., until after he graduated from the Northwestern University Medical School, at which time the chair of Surgery was assigned to him, at the S. C. O. He also became head of the hospital and was associated with the city Health Department.

In the spring of 1905 he came to Kirksville to do surgical work for the A. S. O. and to get a diploma from the school. Since then he has lectured to every class, from freshmen to P. G's. and has taught every subject in the curriculum (except Obstetrics), either here or in Des Moines. Last year he had at one time eight hours school work per day, besides the entire abdominal and gynecological work in the Hospital. This year he is surgeon-in-chief and has full charge of the hospital. He is teaching applied anatomy, surgery and gynecology, together with the laboratory work in the two latter.

* * *

William S. Childs of the Junior class comes from Delphos, Kans. He has a College and Academic education, and was formerly engaged in teaching. Through benefits derived from treatment and observation on the practice of friends, he became interested in osteopathy.

Lewis Jay Bingham of the Freshman class, is from Pittsburgh, Pa., and has been employed for several years as physical director in eastern schools. At present he has charge of athletics at the A. S. O. and comes highly recommended. He is a graduate of Colgate University, with degree of Ph. B. He became interested in osteopathy, by witnessing the success of some of our best practitioners.

* * *

John Francis Krill of South Bend, Ind., is a graduate of the South Bend High School, and Business College. He also attended Wabash College at Crawfordsville, Ind., two years. He was employed in the offices of the Singer Manufacturing Company, and through a desire to better his position entered the Freshman class at the A. S. O. this fall.

* * *

James Lawrence Dellinger became interested in our science through the affliction and treatment of a little five year old son for infantile paralysis. He has a Normal School education, and was engaged in farming, teaching, and in buying live stock, hay and wool. In May, 1904, he took the civil service examination for postal clerk, receiving the highest grade out of over a hundred applicants who took the examination. He served a year in the capacity of postal clerk and comes this fall to enter the freshman class from Lykens, Ohio.

* * *

Fred W. Morris of New York City was in charge of the manufacturing and storage department of Charles Frohman's Theatres. He is a graduate of the C. L. S. C. class of 1886, has read some law, and possesses some academic counts from the Board of Regents. He is a personal acquaintance of Dr. Harry Still and has witnessed the successful application of osteopathic treatments in his own family. He is a member of the Freshman class.

* * *

Hammett N. Lacy of the freshman class comes from Portland, Ore. He was engaged in the shoe business. He is a graduate of Scarrett Collegiate Institute of Neosho, Mo., and entered our profession after witnessing the good it has done in curing some of his friends.

* * *

W. V. Smith left Dec. 4th for Manhattan, Ill., to attend the funeral of a friend, returning Dec. 7th.

* * *

Drs. Frank P. Walker and Arthur G. Hildreth were in Kirksville, Dec. 14th, attending the meeting of the trustees of the Missouri Osteopathic Association. Believing that a larger attendance can be secured,

they decided to hold the meeting at the same time as the A. O. A. next summer, taking the first day or two. The Missouri association will join with the Mississippi Valley Association in acting as hostess for the reception of the A. O. A.

* * *

The students at the A. S. O. extended a hearty welcome to Dr. L. von H. Gerdine, Dec. 16th, upon his return from completion of his medical course to resume his work at the A. S. O. At present he has charge of classes in Applied Anatomy, Pathology and Physiology.

* * *

Leonard Tabor has been on the sick list with a severe attack of tonsillitis.

* * *

In a recent football game, E. C. Murphy was the recipient of sufficient trauma to fracture three ribs, which caused a weeks' absence from school.

* * *

The club extends a cordial welcome to Bro. Joseph A. Gazda, who was compelled to be out of school for over a year, returning the first of December. He was a member of the '08 class, completing one year and returns to take up his studies with the Junior class. Mr. Gazda has been in the dry goods business during his absence. His wife, a graduate of the June, '06 class, is conducting a successful practice at Geneva, N. Y. They have an osteopathic boy at their home since June 12, '07.

* * *

Chas. M. LaBue of the Senior class left Kirksville, Nov. 23rd and will be gone a year. We are sorry to lose him before his graduation, but financial matters have decided the proper course for him to pursue. At present he is in business in Indianapolis, Ind. His address is Savoy No. 1, Indianapolis.

* * *

A very interesting and instructive program was held Saturday evening, Dec. 14th, when we were well entertained by the presidents of the state associations of Missouri and Illinois. Musical numbers by Messrs. Turner, Prindle, Carlow, Grieves and Morrow were interspersed during the program. Noble Skull Carlton presided in his usual adequate manner, introducing the speakers of the evening with: "We always make it a point that whenever club boys return to Kirksville, to not let them out until we hear from them. Tonight we have with us two successful members, presidents of state associations, Drs. E. M. Browne and Frank P. Walker." The substance of the talks by Drs. Walker and Browne, is as follows:

DR. WALKER.

On coming again to meet with you, I am struck with your good appearance and while here in Kirksville with the good work the school is doing. I visited classes Friday and the school is certainly a great deal better than it was several years ago when I was a student, and as the years go by this progress will raise the standard of osteopathy. I have been asked to tell of the circumstances that lead me to take up the course which I am now completing in a medical school. Now don't get the idea that I am a back-slider or mixer. When I get out, just come around in my territory and see for yourselves. I got a letter from a friend who sent me a patient and said "If you do any mixing in this case, it will be the last one I ever send you." I am not a bit less an osteopath than before, in fact I am stronger in my osteopathic beliefs than ever. Some advice to you who are soon to set up a practice will probably meet with your approval.

First- choosing a location. In many cases heretofore, an osteopath comes to a town, practices, stays awhile, and then moves out. The people may say that he was frozen out. May be they are right. But if you hear of a good location which strikes you, go there with the expectation of staying. But be careful in the choice of a location. Consider everything. See if you think that it would be suitable for a home.

Second, in sending students to school. You will meet with people who will be very easily persuaded to come to school. Don't advise persons to take it up unless you are sure of their fitness for the profession. We see several such students come, stay awhile, and then drop out. Or they may complete the course, go out to practice, and quit. Their practice, such as it is, will be a distinct harm to osteopathy.

What are the advantages met with in a medical school that we don't have here? Perhaps you have been wondering if they get a lot that we don't. You will find that the medical practitioners have a bold front and plenty of bluff and have practically nothing back of it. We osteopaths have to work to win.

Comparison of the A. S. O. with a medical school:

We find that they compare fairly well according to the catalogue. We find a great deal more red tape in their catalogue. We have some, but nothing in comparison with theirs. They do get some things that we don't, but conditions are better here now than ever. We are getting more hospital, surgical, and bedside experience, more laboratory and class work into the course than ever. Our lecturers are men who are well fitted for the places they fill, who make a specialty of their work and devote their entire time to it. But the medical schools have practi-

tioners who come in and lecture at their convenience. They have so many professors that they don't get acquainted with the students, and regular attendance is not assured.

Medical schools give easier examinations than we do and it is in the showing made before state boards that this is noticed. We hear cries from all over the country when these state examinations are in progress. There are so many medical practitioners, they have to keep the numbers down somehow. These are the times when we have the advantage and can prove our educational qualifications. In a city they have more surgical and hospital work, also more emergency work. They depend on the knife to help out, for when their drugs fail they have to use something else.

What will I get out of it? Would I advise you to take up the course under present conditions? In giving broad advice, I say emphatically, "No." I took up the course because I have in several instances, been obliged to call in surgical assistance. In my first obstetrical case, I was called and asked to take the case. As I had never seen one, I felt very timid. Luckily, I got through all right. I advised the woman not to get up until the proper time had elapsed, but she did, as she had done on previous occasions, and I was soon sent for. I found her with a fever and congestion of the breast, which I relieved in fifteen minutes. I asked her if she was willing to take my advice now, and she replied that she was. Two other cases followed and I got over some of my timidity. But in the fourth case, I found it a bad one that I could not produce delivery without some laceration. I had not heard of the Old Doctor's chair at that time. I also had to put up with a cranky nurse that treated me worse than an M. D. would have done. In fact, her sole purpose in being there was just to black my eye. I should have dismissed her in the first place. I called in an M. D. who had treated me mean in a fracture case. I gave the anesthetic and he used the forceps. Some laceration occurred, but the worst of all was that the child had a spina bifida. I had treated the woman two or three months previously for constipation and this nurse said "I told you so, that treatment was the cause of it." So the nurses story spread and the local gossips took it up and said, "This will teach her a lesson." They asked the M. D.'s opinion as to the treatment being the cause of it and he said it was not. He might have done me lots of harm by telling that it was very probable. Another M. D. told them of several cases of spina bifida he had seen in the hospital, and those people wondered if there had been osteopathic treatments given in all those cases. The fracture case I spoke of, was a green-stick fracture. My partner and I decided not to try it ourselves so we called

the M. D. who promptly reduced it. It was done so easily and simply that I wondered why I couldn't have done it just as well as he.

I see no excuse for any one going out of this school who is not able to take care of all such cases. To get instruction in this work I thought I would take it in a medical school, and then I would be in a position to help out brother osteopaths and they be sure of a square deal in the matter. But this school is better now and the laws are better so that you should not turn down minor surgery. The M. D. has to take all the surgical and difficult cases, and do the best he can with them, for in medical practice the law says he must do these things. I am not treating clinic patients at the medical school, I have all I can take care of in my practice, but I do take the surgical cases. The class is divided into groups of four or five. Our bunch of four was called to amputate a finger and as none of us wanted to do the work, we drew straws and I missed it by one. But in drawing for an anesthetist, it fell to me. The nurse told me that as I had had considerable experience, I would not need any coaching, so I went ahead. I noticed that the operator did considerable sweating, and I had thought that he had more nerve than I. He went after it and got it off finally.

A surgical case takes nerve, but get your nerve up and go ahead.

When you go out to practice, don't go to sleep. You may be able to make a comfortable living and something besides, but don't stop at that. Osteopathy has got to advance. Keep in touch with the profession. Join your local and state organizations. Get together and work for the profession. We have to sacrifice time and money to do it. Every one who takes part in the work of the associations has to make some sacrifice.

My partner was appointed head interne in the hospital, a place usually filled by an M. D. We find the nurses and management friendly toward osteopathy. The superintendent has asked me to teach anatomy to the senior nurses.

DR. BROWNE.

I am proud to be with you. This is my first visit to the club since I have been out. I want to give you some practical points that will help you when you go out to practice. If the practitioner only knew some things at first, that he finds out later, it would be of extreme value to him.

In the first place, pick out your location and go there with the intention of making that your home. Let the people see that you are there to stay. Don't push osteopathy at people every time you meet them, they will find out all about you before long, for people are always making inquiries about every new comer.

One of the hardest things the young practitioner meets with, is to locate in a place that has been visited by the migratory practitioner. I went to Dixon, Ill., following on the heels of a fakir. After being there a short time, my landlord said that some one told him I would be there only three months. I said "tell him, he is a liar." I found out afterwards that the report originated with the local M. D's. who noticed the short stay of the fakir.

As to your location. Get as near the business center as you can, in a prominent place. Don't let expense enter too much into your choice. Don't take a back room because it is five dollars cheaper than a front room. The front room is worth twenty-five dollars more to you.

In equipping your office don't be too extravagant, but conform to the customs of the place where you locate, and if it is the custom of the medical men to have their offices in their residences, that is all right. If you are the only doctor who has his office separate from his residence, you will not likely meet with the success you otherwise would. The customs differ in each town, and if I had had some of these little things pointed out to me at first, it would have helped me considerably.

In starting out, it is a mistake to put on your professional card "Examination free." You have spent thousands of dollars and the best years of your life getting your education, so why give it away, except in an occasional charity case? Do I charge for examination? Yes. And if the patient stays for treatment, I let that apply on the treatments. You will find lots of people who are curious, and have no intention of taking treatments, but they will come for an examination to see what you will say. Then they will get out among their circle of friends, misconstrue your words and thereby do you an injustice. However, I know of two people who were sent to me by the M. D's. to get my diagnosis. They repeated what I had said as well as they could, with the result in one case that the patient was put in a plaster jacket.

In your practice, let the patient know that you are boss and you will get better results with him. Let him know that you are sure of what you are doing, (if you are) and if you are not sure of his case, don't be backward about saying so.

Professional men can get to be more dependent upon the public than anybody. In such a case he is in the worst position he can be in. You may know that you are right in your treatment, but a patient will often ask "Don't you think so and so is good in my case?" and in other ways he will suggest his own treatment. Don't let him think but what such a method might do hurt. Keep yourself supreme in the matter. You will not lose him, he will have confidence in you and will have his friends take treatment of you.

Then we meet the exasperating man

He may be a prominent man in the community, having plenty of money and the respect of everyone. He comes to you saying that he has treated with every doctor in the community and if you can cure him, your office will soon be filled with patients. He will take treatment if you will give him a little, special reduction in prices. Turn him down and it won't hurt your practice a bit.

We all like to have a large practice. In order to maintain one, the first thing to do is to formulate a method and stick to it. Thus if you send out your bills every thirty, sixty or ninety days, stick to it. You never saw a professional man who succeeded in his practice who did not pay close attention to his finances. If you don't look after the financial end of your practice, it will not be long until you will not have a practice.

Again; be broad minded in your practice. Have respect for the medical man and his views, but don't let him argue you into turning over to his way. If you are right, stick to it. He will respect you more if you do.

There is one thing that will help you to get a line on your community, and that is the Merchants' Association. You will find one of these in every town. Join it. The secretary will give you a book containing the rating of every man in the community whether he is good pay or poor pay. When a stranger comes in, you can look him up and act accordingly. You can do that while he is putting on his coat.

Always be a pusher wherever you locate. Don't go into things you are not asked to, but in town affairs and public improvements, they will benefit you as much as any other citizen.

As Dr. Walker said: Join your local, state and national associations. Osteopathy is yet in its infancy. If you read our journals you will see that there are but a dozen or two in each state, that do all the work in organizations. Now the future of osteopathy lies with each individual practitioner. It is surprising; the apathy that exists among our members. ATTEND YOUR STATE MEETINGS. It will cost you something, but did you ever get something for nothing?

In Illinois we have divided the state into ten districts, with a chairman over each. This is a good plan, for when a call comes for a state meeting, we get hardly a tenth of our membership. We stir up a great deal of enthusiasm by having district meetings of four or five counties, and we thereby get our units working together.

In Illinois this year, we are organizing, and getting our forces together for legislation next year.

Joining associations and attending meetings may cost you some-

thing, but will do you good in your own community. The notice in the evening paper that you have gone to attend a meeting, next day may bring in patients that will pay you well.

A man who lead a very successful life in New York City was asked, by what rule he managed to be so successful. His reply was "Keep your mouth shut and go home to your wife on time."

DR. FISKE.

The Atlas Club is pretty well known among the osteopathic profession. Notice the men who are now in Kirksville arranging plans for association meetings. We see Dr. Walker, president of the Missouri Association; Dr. Browne, president of the Illinois Association; Dr. Benneson, president of the Kansas Association and Dr. Hildreth, president of the Mississippi Valley Association. Then look at the A. O. A. presidents, Riley, Teall; I can't begin to name them all.

If you will take the advice of these men who have been out and bumped up against the world, you will find that it will save you a lot of trouble when the time comes for you to begin practice. What they say is true, let us profit by their experience.

When Dr. Matson and I first attended our state association in Wisconsin, we sat in a corner and listened to the rest. We then thought that they were in an exclusive "ring." But at the next meeting, we put in an appearance and they thought may be we had come to stay. As a result I left as secretary and he as trustee. The point in this is; When you go to a state association, don't expect to be elected president the first time.

* * *

TO THE ATLAS CLUB:—GREETING.

As a member of the Atlas Club and one who has always felt much interest in our pioneer fraternity I wish to extend a greeting of fellowship and a word of encouragement for the home chapter.

Those of us who are in the field realize more fully than do you who are in the student life, the rare privilege you are enjoying of mingling together in the exchange of osteopathic ideas and in the indulgence of social intercourse. Your club meetings not only afford you recreation but bind you closer together in a united purpose. Atlas men should be the best osteopaths on earth. The history of our profession shows them in the front rank. They should take pride in directing the advancement of organized effort. As has been the case in the past I hope the future will see continued activity among Atlas men in giving time and energy and enthusiasm to the advancement of the American Osteopathic Association which means the advancement of osteopathy.

I believe in instilling new material into the A. O. A. management each succeeding year. The remarkably faithful of the past ten years who have given such service that our national organization is felt in every part of our professional life, have fulfilled their duty to a great cause, and to the "new blood" that is gradually introduced into office we must look for the future progress of the A. O. A. Why should Atlas men not be found among the giants of the profession, for among these osteopaths who make good, will fall the duty of guiding our national interests?

We hope to find in the membership every Atlas and Axis member. In your fraternities you get your schooling for organized effort. Effort for what? For the promoting of fellowship and a united purpose for the cause of osteopathy. As you leave college I urge you to become identified with the American Association, just as promptly as you seek an office for practice. It will not let you rust. It will help you to progress. You gain a privilege, you owe a duty. Think it over seriously.

A word about our convention at Kirksville next August. We hope that the Club rooms will be ready for the renewal of old associations, the home coming of hundreds of Atlas and Axis members. We wish to find you there with a good report of the "talents" we left with you years ago. We desire to have an old time meeting and we wish to plan the future of the club with you.

It is my purpose to have the convention program provide for an evening when fraternal organizations may meet in reunion. There have been many worthy men in the field who have been asked to join the Atlas Club and few have been taken in at the time of convention meetings on account of the lack of facilities. The Kirksville meeting is the opportunity to bring all such into Club membership.

With every good wish and hoping the Atlas Club will ever battle for that which our illustrious founder has taught us, believe me

Fraternally,

F. E. MOORE,
President A. O. A.

ATLAS FIELD NOTES.

Frank C. Martin of Waterloo, N. Y., spent Thanksgiving in Kirksville. He remained but the one day, having brought a patient for the hospital.

BUFFALO, NEW YORK.

TO THE ATLAS CLUB

A Cordial Greeting:

It is with pleasure that I enclose you herewith a check for my dues and in sending it, I wish to extend my hearty thanks for the good the Bulletin brings me.

Yours truly,

AMBROSE B. FLOYD.

R. W. E. Newton, Cambridge, Ill.: "You are doing good work for the Bulletin. I believe it is the best it ever was."

J. W. Murphy, Sedro-Wooley, Wash.: "It was with great pleasure that I received my November copy of the Bulletin. It is always read with much interest and valued very high. Things look promising to me here for the future, though just at present everything is quite close. Have a warm spot in my heart for the Bulletin, the Club and all of Kirksville."

Hubert B. Mason, Temple, Tex.: "The November Bulletin is just at hand. I have read it through and must say you are certainly doing good work. I trust your successor may do as well and thus keep up the present high standard. With kind regards and best wishes for you and Club."

J. P. McCormick, New Castle, Pa.: "I am glad to see the club is getting along nicely and getting a lot of good timber. I enjoy the Bulletin and will say, 'Let the good work go on.'"

I am sure every member of the Atlas Club will want to attend the A. O. A. meeting at Kirksville and have a grand good time at the club rooms. So I am in hopes we all will come up with our dollar per year and then we can have a great time at our next August meeting."

That osteopathy scientifically applied is capable of inspiring the sublime and poetical emotions, is evidenced by the following effect upon one of the patients of Dr. Frank Hunter Smith of Kokomo, Ind.:
To F. H. S.:

I know of a "rubber" named Smith,
Whose skill, be assured, is no myth,
 He will pull you and maul you,
 And jerk you and haul you,
And loosen your joints to the pith.

If your neck's out of gear, in a hurry
Without any fussing or flurry,
 He will yank it in place
 With the best of good grace,
And not a suggestion of worry.

Supposing your back's in a fix,
All knotted and twisted with cricks,
 Then he'll knead you like bread
 From your feet to your head,
Till your spine cracks like hickory sticks.

For cases of mild laryngitis,
For attacks of severe pharyngitis,
 Smith will tickle your throat,
 All the muscles by rote,
 'Most the same as for painful bronchitis.

If you've rheumatiz all through your back,
Then Doc with a punch and a whack,
 Or a wind-mill like motion
 If he takes a new notion,
Will give both your shoulders a crack.

For measles, diphtheria, cold,
'Pendicitis, and mumps, I am told
 Dr. Smith works a cure
 That is bound to endure,
And that acts both on young and on old.

This "rubbing" is sometimes a strain,
But think in the end what you gain;
 . And there's no stipulation
 in manipulation
For treatment exempt from all pain.

Yet after the torture is done,
And vigor and health you have won,
 You'll be happy and gay,
 And at work and at play,
Be as frisky as goats in the sun.

A. S. T., Oct. 31, 1907.

* * *

CHANGE OF ADDRESS.

In this column we present each month corrections and revisions to the directory issued by the Clubs last July. We will do all that can be reasonably expected of us in keeping this list up to date and complete. Every member who is interested in the Clubs should aid in this work. In every issue so far, we have published the names of some whose addresses were unknown at the time the directory was printed and wondered why they did not receive the Bulletin. Moral: Keep us posted as to your address.

Bennett, Carrie A., '04, 205 N. Chicago St., Joliet, Ill.
Bush, Ida Ellis, '06, 1345 Welton St., Denver, Colo.
Deegan, Grace, '02, Newton, Mass.
Donahue, J. E., '00, 2121½ Center St., Berkeley, Calif.
Ellis, Irene H., '98, 687 Boylston St., Boston, Mass.
Fechtig, Louis R., '07, Jamaica, N. Y.
Frey, Julia V., '00, 1560 Downing Ave., Denver, Colo.
Gaddis, Cyrus J., '07, 2238 Vallejo St., San Francisco, Calif.
Griggs, Lizzie O., '07, Wheaton, Ill.
Hulett, Marcia Ione, '98, Alomogordo, N. Mexico.
Kennedy, S. Y., '00, 37, 2nd St., Gloversville, N. Y.
Loofbourrow, Ward, '07, 735 Beaver St., Sewickley, Pa.
Martin, Frank L., '05, 992 Page St., San Francisco, Calif.
Merkley, W. A., '01, 487 Clinton Ave., Brooklyn, N. Y.
Moseley, J. Robert, '03, DeLand, Fla.
McCormick, J. P., '06, 79 E. North St., New Castle, Pa.
Mason, Hubert B., '07, New Willecox Bldg., Temple, Tex.
Sisson, E., '00, 2238 Vallejo St., San Francisco, Calif.
Shackleford, J. R., '97, Century Bldg., St. Louis, Mo.
Stelle, Robert D., '05, Box 22, Station H, Los Angeles, Calif.
Stoel, Harry M., '07, 1511 Locust St., Des Moines, Iowa.
Streeter, W. A., '06, 225 Bath St., Glasgow, Scotland.
Sylvester, J. W., '04, 1804 W. 47th St., N. W. Cleveland, Ohio.
True, Minnie W., '07, Warren Hotel, Baraboo, Wis.
Wilkin, Anna, '04, 2420 Chestnut St., Kansas City, Mo.

AXIS NOTES.

President Mayme K. Tuttle left early in the month for her home in Portland, Me., to remain until after the Christmas holidays.

* * *

Mrs. Mary L. Ray of Galesburg, Ill., a Junior student, became a member of the club this month. She was educated at Knox College, Galesburg, and State Normal School, near Bloomington, Ill. Recognizing the merits of osteopathy and wishing to change her vocation from that of teaching, she decided to enter the osteopathic profession.

* * *

Mrs. Nora B. Pherigo of the Junior class took the initiatory degree this month, coming here from Enderlin, North Dakota. She attended High School at Brainerd, Minn., and Normal School at Valley City, N. D., after which she engaged in teaching until her marriage. Much sickness in the family and failure of drugs turned her to osteopathy, which appealed to her as a common sense science.

* * *

DR. SMITH COMPLIMENTS THE AXIS CLUB:

It is Dr. Smith's custom to announce to his classes subscriptions to the Hospital fund, and referring to Dr. Conger's gift, said: "I have a letter from my highly respected and old friend, Dr. Conger, in which she encloses a subscription and expresses her hearty approval of the movement and regrets her inability to make a larger subscription at this time, but she has been ill and unable to practice for some time. Dr. Conger ranks high in the osteopathic profession, as you may know when I tell you that she is ex-president of the National Chapter of the Axis Club, and to say a woman is president or ex-president of such an organization as the Axis Club, is paying her the highest commendation, as it is the largest and strongest woman's club in osteopathic circles."

* * *

Dr. Cluett, who is located at Sioux City, Ia., now doing post-graduate work at the A. S. O. addressed the last meeting of the club, in part as follows:

"I want to thank you, ladies, for the invitation to say a few words to you this afternoon. I consider it an honor, and a pleasure to speak to you. Just what I will say I do not know. It will perhaps be kind of a rambling talk. I have only made a few notes on the subjects that I thought might interest you as students. You have come to Kirksville to be educated, to prepare yourselves to go out and battle with diseased conditions of the human body. The first thing of course is the mental preparation. You have come here to this school because, I presume,

you think it is the best school in the world, and you are right if you think that. I think it is because, for one thing, we have the Old Doctor here, the man who founded the science of osteopathy and because I believe the faculty of the American School of Osteopathy is the strongest faculty of any osteopathic school on earth. * * * I hope there is no one here that expects to go to a lecture and learn it all from the lecture. Now I do not mean that you would not learn something, but that you take your notes and study the subject thoroughly and get it so that you can tell it to some one else, for when you begin to teach then you begin to learn. * * * The work here is easy—after you get your diploma then comes the real work of life—the practical part of it all. In locating select the best building in town for your offices and furnish them as well as you can, for first impressions are most lasting. Look prosperous whether you are or not. Success depends largely on personality and friends. Go out of your way to make friends. The way we treat people when we meet them helps us and shows them that we are up-to-date. You should have plenty of good osteopathic literature on your table. Keep a supply of the A. S. O. Journal and Osteopathic Health on hand and give them to your patients to read, and they in turn will pass them on to their friends, who will often find their own ailments described therein and may come to you for treatments. * * * Do not lower the profession by dragging in massage and electricity. Stick to osteopathy. Adjustment is the key note. It is very important that you be able to recognize cases which are surgical and that you have some competent surgeon to whom you can take your cases, they to remain your patients. Always endeavor to hold your patients. * * * Do not lower the price for treatments. It is unjust to your fellow practitioners.

* * *

AXIS FIELD NOTES.

Dr. Mary Warren Day, Portland, Me.: "Wishing the Club much success the coming winter."

* * *

Dr. Lenna K. Prater, Springfield, N. Y.: "Best wishes for the prosperity of the Club."

* * *

Dr. R. M. Magill, Peoria, Ill.: "Hope the Axis Club is prospering. Think it is a grand organization. Best wishes for its continued usefulness."

* * *

Dr. Mary E. Peck, (nee Noonan), of San Antonio, Texas: "Hoping

to meet the new Axis sisters at the great A. O. A. and at the home of our dear old Dad. "

* * *

Dr. Josephine De France, St. Louis, Mo.: "I enjoy the Bulletin and am interested in knowing of our Clubs doing well."

* * *

Dr. Mary E. Noyes, of Ottawa, Ill., was in Kirksville this month attending the meeting of the trustees of the Mississippi Valley Osteopathic Association, of which she is secretary and treasurer. She also brought a patient for examination.

Dr. Noyes graduated in the class of 1900 and became affiliated with the Axis Club at the time of its organization. She at once located in Ottawa, which was at that time a difficult field, but now, after a period of seven years, she is a successful practitioner and recognized by the "medics."

Miss Mundie, of the Junior class, who came from near Ottawa, enjoyed a pleasant call from the Doctor.

* * *

Dr. Mary Lyles-Sims, Union, S. C.: "Have just finished reading my last Bulletin. It is fine. I enjoyed every word of it, and only wish I had one every week.

You cannot appreciate Kirksville, the A. S. O., nor the Club until you are away from every D. O. * * * * Dr. Butcher came down from Greenville last Saturday. How much I enjoyed her; was loath to let her leave me on Monday.

I had my first pneumonia case in November; crisis on beginning of seventh day. After thirty-six hours normal temperature (rainy cold weather), it bounded up and I had a recurrence in upper lobe on same side. Second crisis came on fifth day; temperature ranged between 103 and 105 degrees. I had no trouble in controlling pain, cough, heart, liver, bowels and kidneys. The trained nurse, who had never seen an osteopathic treatment given, said to the principal of the school where the girl boarded: "I never saw anything like it, nor a case of pneumonia more beautifully handled." She was surprised that I could get along without stimulants after fever went down seven degrees in six hours. I tell you about this recurrence, since it caused me so much alarm and discomfort, and I feared the result. The recovery was very rapid. The teachers at the seminary were delighted.

I have had several cases of lagrippe and tonsillitis. My last case of grip developed in twenty minutes after coming out of an over-crowded church, Sunday. I feared pneumonia, but worked faithfully on a twisted

rib, and to-day (Wednesday), when I went in the patient was up, and all discomfort gone.

How I wish I was with you now at your meeting 5 p. m., but accept the inevitable and chat with you from a distance. I think of you often.

Am still delighted with my location, and more and more so with osteopathy. It pleases thinking people.

Love to all the Axis girls and greetings to the Atlas men. Best wishes for both."

* * *

Dr. Gertrude Forrest, who has been ill for some time, died at the home of her mother in Lovilla, Iowa, Dec. 18th.

She graduated from the American School of Osteopathy in January, 1905, and practiced in Albia, Iowa, until her health failed. She was in Kirksville early last spring taking treatments, and later went to New Mexico hoping the climate would be of benefit to her, but all seemed of no avail.

"Passing out of the shadow
Into a purer light,
Stepping behind the curtain
Getting a clearer sight

Laying aside the burden,
This weary mortal coil,
Done with the world's vexations
Done with its tears and toil.

Tired of all earth's playthings
Heart sore and ready to sleep.
Ready to bid our friends farewell
Wondering why they weep.

Passing out of the shadow
Into eternal day—
Why do we call it dying
This sweet going away."

ADVERTISEMENTS.

Masonic Book Store

Opposite A. S. O.

Books - Tables - Supplies - Swings

SPECIAL AGENT FOR THE BILL RUS SWING.



Herboth's

The Clothiers

Invite all new and old students
to inspect their superb
Fall and Winter

Suits and Overcoats

South Side Square

H. MARKS

Merchant Tailor and Haberdasher

Call and see me.

Middle of West Side Square

"EVERYTHING NEW"

ADVERTISEMENTS

M. P. THOMPSON & CO.

Invite you to inspect their line of

DRESS GOODS, COATS AND SUITS

Make our store your headquarters during the Christmas Shopping
Season, where you will find just the thing you are looking for.

Send something from Kirksville to the folks at home.

SOUTH SIDE SQUARE

Cooper's Treating Swing.

\$5.00 P. O. B.—Strong and Reliable; Steel Triangle; Malleable Swivels



- Hazard's Practice.....\$3.00-\$3.50
- McConnell & Teall's Practice, 5.00- 6.00
- Robinson Abdominal Brain..... 3.50
- Crossen Gynecology..... 6.00- 7.50
- Loomis Folding Suit Case Table 8.00-12.00

A. S. O. BOOK CO.

"Cooper"

KIRKSVILLE, MISSOURI.

OSTEOBLAST NUMBER II.

The A. S. O. Annual by the class of '08
now ready for distribution.
Your library is not complete without it.
Only a limited number on hand.
Address A. S. O. ANNUAL,
J. G. DAWSON, Business Manager

CUT FLOWERS, PLANTS

Flowers for all occasions
Phone 338.
Opposite P. O.
G. B. Lord, Florist

PALACE BAKERY EAST SIDE

Sole Agents for the
Fern Leaf Candies

Buy
Your
Clothing
at



We
Treat
You
Right
and All
Alike

Snappy Shoes

— A T —

The New Shoe Store

Just Opened E. J. HARVAT
S. E. Cor. Sq. See Our Line

Spears

Seam

Laundry

Satisfaction
Shop
124 N. Franklin

Phone 23

BURK BROS. PACKING CO.

Wholesale and Retail
Meats and Provisions
Kirksville, Missouri

STAR LIVERY

Fine Turnouts.
Reasonable Rates
Phone 462
Durst & Denison, Props.

When in need of

Toilet Articles

Of Any Kind, Remember that at

Henry's Drug Store

On the South Side is the Place to
Find Them.

Books to Osteopaths Prepaid.

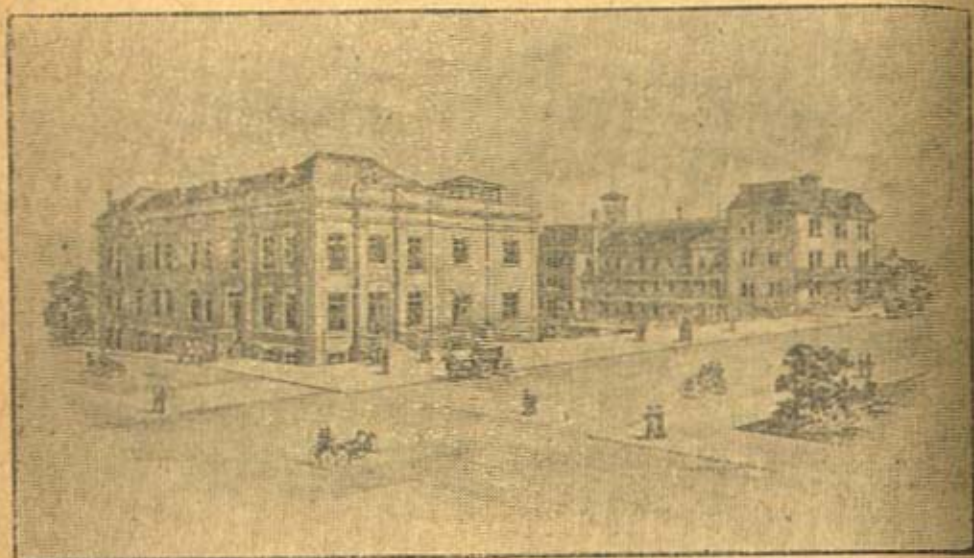
Dr. Burns' new Principles of Osteopathy
just out.....\$4.50
F. P. Young's Surgery (few more)...5.50
M. N. Bigsby's Theory of Osteo-
pathy, just out, prepaid.....\$2.85
Tasker's Principles, 2nd edition... 5.00
Hulett's Principles, 4th edition...3.50
A. T. Still's 83 Philosophy of Os-
teopathy, very few left..... 1.00
McConnell & Teall's latest Practice
..... \$5.00 and \$6.00
Byron Robinson's latest Abdom-
inal Brain, \$3.50 Chart Free.
Spinal columns, skeletons, osteopathic
tables, swings, etc., at lowest prices.
Write to J. F. JANISCH the Os-
teopathic Supply House, Kirksville, Mo

PURL & BOHRER DENTISTS

Saving Natural Teeth a Specialty. All
Work Guaranteed.
Office Over Normal Book Store

THIRD YEAR COURSE

FOR TWO-YEAR GRADUATES



THE AMERICAN SCHOOL OF OSTEOPATHY AND A. S. O. HOSPITAL, KIRKSVILLE, MO.

THE ADVANCED OSTEOPATHIC PHYSICIAN

Is always desirous of more efficiently equipping himself for practice. The Graduate Courses at the A. S. O. supply this added equipment.

While no special schedule has been arranged, elective work is given so as to make, with the regular third year subjects, a most efficient post-graduate course.

By the provisions of the new state anatomical law, there is secured an abundance of dissection material for anatomical research.

The senior courses in Surgery and Hospital Practice are of signal benefit. Laboratory equipment is unexcelled.

Graduates of recognized osteopathic colleges, who have attended twenty months before graduation, are eligible to entrance.

DR. WARREN HAMILTON, Secretary,
Kirksville, Mo.